**Inclusive CREAtivity through Educational Artmaking**

**Strengths and Difficulties Questionnaires (SDQs*)***

The SDQ is a brief behavioural screening questionnaire. All versions of the SDQ ask about 25 attributes, some positive and other negative, based on Goodman (1997). These 25 items are divided between 5 scales. Here is proposed as a tool to describe behaviours and highlight strengths and difficulties only for descriptive purposes. It requires that the respondent knows or observes the child in everyday activities. It can be used also to highlight changes after actions have been undertaken.

*Instructions to respondents: For each item, please mark the box for Not True, Somewhat True or Certainly True. Please give your answer based on the child’s behaviour over the last weeks or months.*

|  | **Not****True** | **Somewhat True** | **Certainly True** |
| --- | --- | --- | --- |
| 1. Considerate of other people’s feelings |  ❑ ❑ ❑ |
| 2. Restless, overactive, cannot stay still for long |  ❑ ❑ ❑ |
| 3. Often complains of headaches, stomach-aches or sickness | ❑ ❑ ❑ |
| 4. Shares readily with other children (treats, toys, pencils, etc…) | ❑ ❑ ❑ |
| 5. Often has temper tantrums or hot tempers | ❑ ❑ ❑ |
| 6. Rather solitary, tends to play alone | ❑ ❑ ❑ |
| 7. Generally obedient, usually does what adults request | ❑ ❑ ❑ |
| 8. Many worries, often seems worried | ❑ ❑ ❑ |
| 9. Helpful if someone is hurt, upset or feeling ill | ❑ ❑ ❑ |
| 10. Constantly fidgeting or squirming | ❑ ❑ ❑ |
| 11. Has at least one good friend | ❑ ❑ ❑ |
| 12. Often fights with other children or bullies them | ❑ ❑ ❑ |
| 13. Often unhappy, down-hearted or tearful | ❑ ❑ ❑ |
| 14. Generally liked by other children | ❑ ❑ ❑ |
| 15. Easily distracted, concentration wanders | ❑ ❑ ❑ |
| 16. Nervous or clingy in new situations, easily loses confidence | ❑ ❑ ❑ |
| 17. Kind to younger children | ❑ ❑ ❑ |
| 18. Often lies or cheats | ❑ ❑ ❑ |
| 19. Piked on or bullied by other children | ❑ ❑ ❑ |
| 20. Often volunteers to help others (parents, teachers, other children) | ❑ ❑ ❑ |
| 21. Thinks things out before acting | ❑ ❑ ❑ |
| 22. Steals from home, school or elsewhere | ❑ ❑ ❑ |
| 23. Gets on better with adults than with other children | ❑ ❑ ❑ |
| 24. Many fears, easily scared | ❑ ❑ ❑ |
| 25. Sees tasks through to the end, good attention span | ❑ ❑ ❑ |
| Do you have any other comments or concerns? | ❑ ❑ ❑ |

Overall, do you think that your child has difficulties in one or more of the following areas:

|  | No | Yes – minor difficulties | Yes – definite difficulties | Yes – severe difficulties |
| --- | --- | --- | --- | --- |
| Emotions, concentration, behaviour or being able to get on with other people |  ❑ ❑ ❑ ❑ |

If you have answered “Yes”, please answer the following questions about these difficulties:

|  | Less than a month | 1-5 months | 6-12 months | Over a year |
| --- | --- | --- | --- | --- |
| How long have these difficulties been present? |  ❑ ❑ ❑ ❑ |

Do the difficulties upset or distress your child?

|  | Not at all | Only a little | Quite a lot | A great deal |
| --- | --- | --- | --- | --- |
| HOME LIFE | ❑ ❑ ❑ ❑ |
| FRIENDSHIP | ❑ ❑ ❑ ❑ |
| CLASSROOM LEARNING | ❑ ❑ ❑ ❑ |
| LEISURE ACTIVITIES | ❑ ❑ ❑ ❑ |

|  | Not at all | Only a little | Quite a lot | A great deal |
| --- | --- | --- | --- | --- |
| Do the difficulties put a burden on you or the family as a whole? |  ❑ ❑ ❑ ❑ |